

VOLUNTEERING SUPPORT GRANT 2016 - 17

PROJECT DIRECTORY

How to use the Project Directory

This directory has been put together with input from funded projects and/or from information in your Application Form. Its purpose is to enable organisations funded through the Volunteering Support Grant (VSG) to share skills, resources and learning and benefit from each other's expertise. Please feel free to contact other organisations where you feel you could support each other, need some help with a particular issue, or to compare experiences.

Organisation	1st Step Recovery Café
The 1st Step Recovery Café provides a safe and supportive environment for people struggling with addiction. It encourages people into recovery and to maintain progress, and offers them meaningful and structured activities, to volunteer and to become a peer mentor to others. It provides a nourishing lunch and encourages a healthy lifestyle. The work of the cafe is supported by a Community Practice Nurse with a specialisation in addiction.	
Project	
We would like to develop two pilot projects involving the set up and development of two new social enterprises targeting people affected by addiction. These would offer meaningful volunteering activities to enable people to rebuild regular routines, confidence, transferable skills and to access training. One pilot will focus on developing the potential of the Café and the other pilot will focus on the development of a new bicycle training and recycling enterprise.	
Contact	Gerry Dougan
Town	Linlithgow, West Lothian
Telephone	01506 845263
E-mail	gerrydn@hotmail.com

Organisation	4 Arts - Make a Difference
4Arts is a community arts group that uses the arts to help improve the circumstances of people who are disadvantaged. Their core services include classes in painting, drawing, photography, dance, mixed media, drama, animation, ceramics and glass works. In their building they have a large mirrored dance studio, café, art and design studio, multi-purpose rooms, photography space and a concert hall for musical or theatre performances. They have also recently opened a small coffee shop/café in the centre.	
Project	
This year they will pilot a sensory project for young people with disabilities in Fife. Volunteers will assist participants to create sounds and rhythm using different forms of expression and movement, working towards a final piece of music which will be completed over the course of the year. They will recruit young volunteers mostly	

from local secondary schools who will have the opportunity to experience volunteering with people who have disabilities and in doing so learn the challenges that work presents and the satisfaction that can be gained from it.	
Contact	Shaun McKillop
Town	Dunfermline, Fife
Telephone	01383 729313
E-mail	shaun@shaunmckillop.com

Organisation	Above Adventure
We seek to improve the health and well-being of disadvantaged and disabled people throughout Ayrshire by increasing participation in physical activities and volunteering. We deliver free outreach climbing activities to disabled and disadvantaged young people from Kilmarnock. We are well advanced in acquiring, converting and opening a Mountaineering Council of Scotland approved Accessible Climbing and Outdoor Activity Centre in the former B Listed building, the Grange Church in the heart of Kilmarnock.	
Project	
We will recruit a Volunteer Coordinator to manage all elements of volunteering with a target of recruiting 20+ additional volunteers. We will boost our Board by two new volunteers, and regular outreach activity volunteers by 18. Most will be from areas of social and financial deprivation, those suffering from physical and / or mental disabilities and from ethnic minorities.	
Contact	Dean Pastulovic
Town	Kilmarnock, East Ayrshire
Telephone	01563 538057
E-mail	deanbhoy12@gmail.com

Organisation	Achievement Bute
Achievement Bute supports children and young people with disabilities and their families who live on the Isle of Bute to enable them to participate in leisure and community activities of their choice. They provide a wide range of community-based inclusive out-of-school activities in which all children and young people on the island can participate regardless of ability.	
Project	
This project will extend their current work with young volunteers aged 14-18, by providing a dedicated Volunteer Coordinator who will develop a programme of training and peer mentoring to encourage and support new and current volunteers. They aim to recruit at least 16 new volunteers who will be supported through a structured training and peer-mentoring programme. The programme will target young people and in particular those with additional support needs who will be given the support necessary to enable them to volunteer alongside their peers.	
Contact	Dorothy McDonald
Town	Rothesay, Argyll and Bute
Telephone	01700 505558
E-mail	dorothy@achievementbute.org.uk

Organisation	Africa in Motion Film Festival
Africa in Motion is an annual African film festival taking place in Scotland, now in its eleventh year, comprising of film screenings and complementary events. We endeavor to increase awareness about African cinema, its current talent and potential, giving rise to diverse stories and voices emanating from the African continent.	
Project	
Throughout 2016-2017 we will create three to four monthly outreach screenings in partnership with various BME organisations based in Glasgow. We will also provide funding for hosting post-screening discussions with invited speakers. We will recruit, induct, train and mentor volunteers and provide them with one-to-one support. Through the Volunteer Programme we will give Scottish based BME communities the opportunity to develop key skills in programming and curating African cinema.	
Contact	Justine Atkinson
Town	Glasgow
Telephone	07971 740678
E-mail	justine@africa-in-motion.org.uk

Organisation	Age Concern Glenrothes
Age Concern Glenrothes provides services for older people (aged 65+) in Glenrothes and surrounding areas that enhance their quality of life. ACG currently operates seven day centre sessions per week at two venues in Glenrothes, and provides a programme of physical and mentally stimulating activities for older people in a welcoming environment. We also provide befriending and community based services offering one-to-one support to clients and opportunities for getting out and about.	
Project	
We will develop a Plan of Action to recruit volunteers and clients from minority groups within our local community. We will expand on the work currently carried out by our Volunteer Development Group to include recruiting and supporting Client Care Volunteers who will act as befrienders to clients in hospital or currently unable to attend our service.	
Contact	Fiona Mackay
Town	Glenrothes, Fife
Telephone	01592 756316
E-mail	fiona@ageconcernglenrothes.org

Organisation	Alternatives to Violence Project (AVP) Scotland
AVP Scotland helps reduce violence in homes, communities and prisons by supporting people of all backgrounds to manage personal conflicts and build healthier relationships. They work on the conviction that people are not inherently violent, that violence is resorted to from a lack, or perceived lack, of alternatives and that without this knowledge violence can become cyclical. They deliver workshops, taster sessions and tailored partnership programmes that combine experiential learning with practical skills training.	

Project	
This project will enable AVP to recruit and train more volunteers (including ex-offenders) as workshop facilitators, increase the number of their workshops, develop more partnership projects and enhance their capacity as a volunteer-run organisation. They will work with more specialists to establish better working practices and work with more partner organisations to provide a high quality service for their volunteers, including working towards Investing in Volunteers accreditation.	
Contact	Lesley Hamil
Town	Glasgow
Telephone	07860 770581
E-mail	scotlandvolunteers@avpbritain.org.uk

Organisation	Ayrshire Childrens Services CIC
Ayrshire Childrens Services is an innovative child support service, which delivers a flexible service to children and young people aged 3-18 years who have Additional Support Needs. Support is carried out weekly and offered 52 weeks of the year, with extended support during holiday breaks. Their flexible approach allows parents/carers the choice of when, where and for how long the support is carried out.	
Project	
ACS will offer an additional activity group in East Ayrshire and with the support of new volunteers they will be able to invite a larger number of children from that area to come and play, learn, make friends and join in activities. Volunteers will work alongside staff (or shadow) to support children with additional support needs, helping them to become more connected within their communities, confident in themselves and mentor them to gain new skills. They will use this fund to recruit and train new volunteers and create a robust induction package, which will incorporate their newly developed volunteer strategy.	
Contact	Marianne Greenway
Town	Saltcoats, North Ayrshire
Telephone	01294 470323
E-mail	info@ayrshirechildrensservices.org

Organisation	Bazooka Arts
Bazooka Arts aims to improve health, well-being and quality of life through the provision of participatory therapeutic arts programmes. Through our projects we involve people in many different art forms, from theatre and film making to ceramics and silk painting.	
Project	
Bazooka Arts will deliver an enhanced programme of volunteering opportunities and training. We will offer a broader range of opportunities (eg workshop assistant, performer, technical assistant) and enable volunteers to gain new skills. We will also acknowledge the differing needs and capacities of individuals by introducing different levels of volunteering such as supported volunteer and supervisory volunteer.	
Contact	Jane Dixon
Town	Glasgow

Telephone	07503 010614
E-mail	admin@bazookaarts.co.uk

Organisation	BE United
BE United is a culture and development charity registered in both Scotland and South Africa dedicated to inspiring change. In Scotland, they focus on delivering creative arts programmes to engage Scottish young people and support local African and minority ethnic artists through cultural events and workshops covering a diversity of creative activities including music, theatre, dance and film, to promote cultural understanding.	
Project	
BE United will recruit a Volunteer Coordinator to improve their capacity to recruit, retain, train and support volunteers. They will improve their volunteering structures, develop their Volunteering Policy, improve induction and training, develop volunteering roles, establish and support a new Youth Board, and ensure volunteers are recognised and praised during their voluntary involvement.	
Contact	Amrita Ahluwalia
Town	Edinburgh
Telephone	0131 2615919
E-mail	amrita@be-united.org.uk

Organisation	Blarbuie Woodland Enterprise Ltd
Blarbuie Woodland Enterprise is a mental health charity that aims to improve the health and well-being of people in Mid-Argyll and beyond. We use the natural environment of Blarbuie Woodland, primarily targeting those with mental health conditions but also people from other disadvantaged groups, and engage the wider community in activities, thereby increasing integration and reducing stigma.	
Project	
We aim to transform an area of disused NHS land into a community growing space and produce organically grown food. There will be new opportunities for learning, including about all aspects of horticulture. Social interaction across all sectors of the community and informal exercise will benefit the health and well-being of all who take part. Through engagement in this project we aim to create a network of volunteers to undertake new specific projects in the woodland or to continue maintenance and development work in the growing / raised beds area.	
Contact	Grace MacLeod
Town	Lochgilphead, Argyll and Bute
Telephone	07919 214996
E-mail	grace.macleod@btinternet.com

Organisation	Bridgend Growing Communities
Bridgend Growing Communities uses community growing as a catalyst for change. They bring groups of individuals experiencing disadvantage or discrimination together to change their lives and to enhance the communities in which they live by using public or derelict land for growing. Twice a week they provide open volunteering sessions focusing on engaging with those individuals who are most	

socially excluded and most likely to experience poverty and health inequality. They take part in activities that best suit their physical needs and capabilities on an equal basis and at every session a communal lunch is provided using produce the volunteers have grown.

Project	
	They will support people with complex learning difficulties and young people not in training, education or employment to participate in volunteering opportunities to gain new skills and to become more confident and connected individuals. Volunteers will be encouraged to set personal goals, deliver a set number of hours of gardening activity, maintain a personal portfolio documenting achievement and progress, and develop local community growing activities.
Contact	Karen Carrick
Town	Edinburgh
Telephone	07775 851870
E-mail	karen.carrick@blueyonder.co.uk

Organisation	Buchan Development Partnership
	Buchan Development Partnership is an independent, community-led initiative working with communities across Buchan. Based in the village of Maud, we help groups keep their essential community facilities running, and tackle some of the pressing economic, social and environmental issues they face. Our mission is to empower communities so they are better equipped to address and respond to challenges by offering them a helping hand and guidance.
Project	
	The project will create volunteering opportunities within Aden Caravan Park for disadvantaged groups including adults with learning disabilities, the unemployed and vulnerable young adults. Opportunities will include running a retail unit selling fruit and vegetables and the creation of a wildlife area. Participants will gain experience dealing with the public, money handling, landscaping and gardening and they will develop their interpersonal, literacy and numeracy skills.
Contact	Diane Tait
Town	Peterhead, Aberdeenshire
Telephone	01771 613666
E-mail	dianetait95@googlemail.com

Organisation	Bump, Baby and Beyond
	Their aim is to give children the best start in life through the provision of advice, support and services that support families to connect within their own family, connect with other families, connect with their environment and connect with other services and supports in the community. They do this through harnessing the knowledge and skills of other parents, and working collectively to help develop their ideas into peer support projects. Their activities include an online support group, a general parent advice group, a monthly weekend sensory play session, a sling library, an outdoor playgroup, and social activities.
Project	
	Their Volunteer Coordinator will provide first point of contact for volunteering enquiries and support; be responsible for the implementation of policies and

procedures; carry out initial volunteer interviews and organisational inductions; support project leads to forward plan and identify volunteer needs; run recruitment drives; organise project specific training sessions; consider sustainability planning; and record and audit volunteering activity.

Contact	Rebecca Topping
Town	Dumfries
Telephone	01387 209776
E-mail	dgbumpbabyandbeyond@gmail.com

Organisation	Cambo Heritage Trust
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The Trust delivers inclusive events and activities linked to the woodlands, parkland, gardens and coastline at Cambo Estate in the East Neuk of Fife. Over the past few years the Trust has had an increasing focus on working with adults with additional support needs in a range of volunteering programmes to promote progression in life skills, group work and employability skills. They are currently redeveloping a Georgian Stable Block into a centre for environmental and creative learning from which social enterprise activity will be led by volunteers.

Project	
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This programme will provide a range of volunteering opportunities, with volunteers working with the Learning and Engagement Officer in conservation tasks and the Volunteering Project Leader in woodland management activity. They will build a more diverse and intetrated community of volunteers with a range of skills and abilities that can support the new inclusion and enterprise hub. Volunteer progression will be recorded through activity logs and discussions with staff.

Contact	Keri Ivins
Town	St Andrews, Fife
Telephone	01333 451040
E-mail	events@camboheritagetrust.org.uk

Organisation	Carloway Estate Trust (Urras Oighreachd Charlabhagh)
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Carloway Estate Trust was formed to manage our newly purchased community owned estate. Our main puposes are to advance community development and the regeneration of the area on the Isle of Lewis through the management of community lands; to advance environmental protection for the community and/or the preservation of buildings or sites of importance to the community.

Project	
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The main aim of the project is to develop volunteering and engagement around the Bonnet Laid Walk. The Bonnet Laird Walk will go from Callanish to Carloway covering Carloway Estate on the Isle of Lewis. This project will deliver training to 20-30 volunteers in leading outdoor walks including practical skills, health & safety and first aid. It will support to 10-15 young people (under 25s) to complete a suitable outdoor achievement award such as the John Muir Discovery Award.

Contact	Sally Reynolds
Town	Isle of Lewis
Telephone	01851 643481
E-mail	sally@carlowayestatetrust.co.uk

Organisation	Cheviot Youth
Cheviot Youth is constituted to promote and provide a strong sustainable youth work service in the Cheviot area of the Scottish Borders. It helps and supports young people to develop skills, gain experience, access opportunities for personal growth and provide challenges that test and excite in a safe, accessible and positive environment. They provide a programme of film, art, music, physical activity and well-being and work increasingly with local schools, agencies and other organisations to ensure that the health and welfare of the child and young person is of primary concern.	
Project	
They will encourage and support youth volunteering opportunities through peer mentoring, formal group work sessions and one-to-one sessions; recruit local adults to help mentor, instruct and support young people in their group work and community roles; facilitate and support the young people's training needs and requirements; and link to the extra curriculum award system (eg Dynamic Youth and Saltire Awards).	
Contact	Ian Rendall Reid
Town	Kelso, Scottish Borders
Telephone	01573 420703
E-mail	ianrendallreid@cheviotyouth.co.uk

Organisation	Moray Foodbank
Moray Foodbank aims to promote health and well-being through project work. They promote food access and cooking and growing skills, and provide nutrition workshops. Last year they piloted a People's Café to enhance people's life skills. Talks were given on debt management, daily budgeting, shopping and health, plus a "confidence to cook" cookery lesson was delivered providing basic cooking techniques and skills. These have been delivered to DWP groups and young people living in homeless accommodation but there is an ambition to increase this work, particularly to younger age groups as a form of early intervention.	
Project	
They will develop the role of Volunteer Development Officer to coordinate and support volunteers. They will increase the number and type of volunteer opportunities available through the foodbank, including offering more opportunities for community engagement, fundraising, mentoring to break down the barriers to volunteering, and more specialised work-related opportunities to increase volunteer employability skills.	
Contact	Mairi McCallum
Town	Elgin, Moray
Telephone	01343 208293
E-mail	mairi@morayfoodbank.org.uk

Organisation	Community InfoSource
CIS works mainly with refugee, migrant and minority ethnic communities and has particular expertise in community development work. It supports isolated communities and individuals, and works with a range of community-based groups, Third Sector organisations and local authorities. Activities focus on joint projects	

building towards rights-based integration. They deliver training targeted to meet the specific needs of individuals and groups, develop volunteering and other activities to grow the skills and confidence of marginalised people, and help them to raise awareness of their needs with service providers.

Project	
	They will train and build the skills of asylum seekers and refugees through volunteering to carry out Asylum Seeker Housing Projects; use the information on individual cases to build advocacy and campaign on behalf of asylum seekers and refugees; and improve the administration, financial recording, monitoring and evaluation of services. Volunteers will receive a role description, induction, training, a personal development plan, support and supervision and expenses.
Contact	Sheila Arthur
Town	Glasgow
Telephone	0141 258 2773
E-mail	sheila@infosource.org.uk

Organisation	Craigshill Good Neighbour Network
	CGNN is a community based charity that aims to provide practical help, social activities and volunteering opportunities for isolated and vulnerable people in the Craigshill and South Howden area. It is committed to reducing social isolation and health inequalities and achieving improved outcomes by delivering a range of services, eg a lunch club for elderly members, social group activities (singing for health, knit and natter, arts and crafts, and digital photography), a men's activities programme to improve physical health and mental well-being levels, befriending, and intergenerational work.
Project	
	They will offer 15 young people, who have been in care/leaving care and living in or about to live in the adult world, an opportunity to experience volunteering as part of their progression route into independent living and adulthood. They will carry out one-to-one individual needs assessments, deliver an induction and training programme, carry out individual support sessions, develop a youth volunteer development policy and create a placement programme that supports and guides the volunteers. The volunteers will be awarded a Youth VIP Award at a celebratory event.
Contact	Jane Groves
Town	Livingston, West Lothian
Telephone	01506 435851
E-mail	janecgnn@gmail.com

Organisation	Disability Shetland
	This charity aims to support the efforts of disabled people (including physical disabilities, learning and communication difficulties and/or presenting challenging behaviour) to realise their full potential in all areas of life. They run activities and clubs for both children and adults..

Project	
They plan to increase volunteer numbers to expand the work they do with children and young people via clubs, and provide volunteer development opportunities for disadvantaged people (eg low income, BME and people with additional support needs). They will run a targeted recruitment campaign via inter-agency workers throughout Shetland, schools and colleges. The Project Coordinator will arrange PVG checks, work with each volunteer to identify appropriate goals and targets, and provide training. Volunteers will be supported at the clubs by Club Leaders and they will receive regular supervision and appraisal.	
Contact	Brydon Leslie
Town	Lerwick, Shetland
Telephone	01595 743919
E-mail	brydon.leslie@shetland.org

Organisation	Dumbarton Road Corridor Environment Trust
DRCET was established to serve the people and communities of the Dumbarton Road Corridor Social Inclusion Partnership in the West of Glasgow. It is an emerging social enterprise delivering a range of services and activities, including information advocacy and representation; community garden and green space improvements; a community bike recycling workshop and cycling activities; renewable energy activities; food waste and recycling activities; and a volunteering and training programme.	
Project	
This project's key focus will be on developing volunteering opportunities relating to a community-led network to identify and take action on a variety of environmental issues; and to taking a more strategic approach to creating cycle friendly communities. They will develop new and enhanced volunteering roles, hold regular support and supervision, host volunteer meet-ups, identify suitable learning and development opportunities, and hold community networking and volunteer celebration events.	
Contact	Neil Lovelock
Town	Glasgow
Telephone	0141 443 0427
E-mail	neil@dumbartonroad.com

Organisation	Dumfries and Galloway LGBT Plus
This organisation promotes equality and diversity and advances human rights by supporting adults and older people who are LGBT plus, their families, friends, supporters and allies to live happier, safer, more active and healthier lives and engage more confidently within their communities. They also work with organisations and communities so they can better support, include and value LGBT plus adults, older people and families.	
Project	
They will employ a Volunteer Coordinator to recruit, train and support 15 LGBT plus adults and older people (and their allies) as 'Community Champions' to educate others about LGBT plus issues, and to represent themselves and others within the LGBT plus community to agencies, decision makers and the wider public. They will	

create volunteer role descriptions, develop and deliver core training modules, run targeted volunteer recruitment campaigns, provide regular support sessions, and hold a volunteer-led event and volunteer awards ceremony.	
Contact	Eppie Sprung
Town	Dumfries
Telephone	07766 950863
E-mail	board@lgbtplus.org.uk

Organisation	East Lothian Aid for Refugees CIC
We coordinate the efforts of people from East Lothian who want to support the refugee crisis in Europe. We work with volunteers in East Lothian who collect donations which we then sort, pack and transport to the refugee camps in Europe where people are most in need. We have also supported the refugee families arriving in East Lothian.	
Project	
To employ a key worker to recruit and support a team of volunteers so they can work with us to support refugees in camps in Europe. The volunteers will help us deliver events and in the logistics of getting aid to the camps. We will provide them with a useful volunteer experience tailored to their individual needs.	
Contact	Janet Barnes
Town	Haddington, East Lothian
Telephone	07841 066421
E-mail	jbarnes@elar.org.uk

Organisation	Edinburgh & Lothians Regional Equality Council
ELREC works towards the elimination of inequality and discrimination. They promote equality of opportunity, good relations between persons of different equality groups and cooperation with statutory authorities and voluntary organisations. Their range of projects, services and activities include youth development, community engagement, a support and advice service, strategic input on equality issues and equality and diversity training.	
Project	
This project will allow ELREC to recruit and support additional volunteers who are vital to the running of the organisation. The goal is to provide a structured volunteer programme where volunteers are matched to appropriate roles, there is a standardised induction training programme, a training strategy is devised, and there's an environment of personal development for volunteers. Volunteers will be mentored by a project officer and receive quarterly appraisals.	
Contact	Elisabetta Spanno
Town	Edinburgh
Telephone	0131 556 0441
E-mail	espano@elrec.org.uk

Organisation	Edinburgh Food Project
Edinburgh Food Project was established in June 2012 and distributes food to families in crisis, referred by registered support agency partners. We also signpost clients to other services across deprived communities in Edinburgh which can help	

address poverty and isolation from society. We do this by running two Trussell Trust network foodbanks.	
Project	
Our funded project is to provide basic computer training and upskilling to Microsoft 365 online for volunteers working across eight sites, which will enable us to provide a more efficient service to our clients. It will help us expand our service including opening our ninth foodbank centre in the Niddrie and Craigmillar area.	
Contact	Ewan Walker
Town	Edinburgh
Telephone	0131 444 0030
E-mail	om@edinburghnw.foodbank.org.uk

Organisation	Eildon West Youth Hub (TD1 Youth Hub)
This is a youth organisation, also known as TD1, whose aim is to be a young person centred organisation that respects, values and engages with 11-19 year olds to address their needs by offering support, guidance and opportunities to help them shape their own futures. They provide evening drop-ins, youth development work, sport and physical activities, detached streetwork, music, one-to-one support, transitions support, and activities and trips. They are to YouthBorders and in turn to Youth Scotland as their membership body.	
Project	
Volunteers will be involved in a new project providing drop-in sessions for young people who have additional support needs, and/or support sessions for young people who are particularly isolated (eg because they are from an ethnic minority group, identify as LGBT, or are young carers). The volunteers (aged 16-18 years) will be offered volunteering opportunities either within the organisation or externally (eg charity shops). They will develop a recruitment strategy, induct new volunteers, organise volunteer rotas and ensure volunteers are supported through training.	
Contact	Douglas Ormston
Town	Galashiels, Scottish Borders
Telephone	01896 752 442
E-mail	douglas@td1.org.uk

Organisation	Elgin Youth Development Group
This organisation provides a safe haven and personal development opportunities for young people from all social, economic, cultural and ethnic backgrounds in the Elgin area. They have over 350 young members, and receive over 7,000 visits from young people each year. They also engage with hundreds of people of all ages throughout the local community through other projects. They provide a wide range of projects and activities including a Youth Café, a community project, after school clubs, holiday activities, training courses and volunteering opportunities, work placements, support and advice, and issue-based sessions in the Café.	
Project	
They will recruit and support volunteers for their new Living Well project, which encompasses a range of activities and sessions designed to support and promote young people's mental and physical health and well-being. Volunteers will be given an induction and two-monthly support and supervision sessions.	
Contact	Fiona Birse

Town	Elgin, Moray
Telephone	01343 548300
E-mail	office@elginyouthcafe.org

Organisation	Falkirk Family Support Community Interest Company
<p>This CIC's mission is to offer free independent advice, guidance and support to Falkirk District's most vulnerable children, young people, families and elderly people at the time when they identify support is needed. It has a mixture of volunteer and family support workers offering assistance depending on circumstances and needs. Children, families and older people are met in their homes and local communities at a place and time that is convenient to them. Practical advice and guidance is offered across a range of areas including relationships, parenting, issues affecting older people, domestic violence, health, sexual health, alcohol and substance misuse, offending, budgeting, housing and homeless issues, education and employment.</p>	
Project	
<p>Volunteers will be recruited and trained to offer support to individuals in Camelon and Grangemouth before expanding services Falkirk-wide. Volunteers will receive training, mentoring and support on an individual and group basis. Volunteer training/induction will cover topics such as equality and diversity, data protection, child protection, working with vulnerable adults, values, lone working, health and safety and skills in relation to working with service users, eg counselling skills. Further sessions will involve joint working so trainee volunteers can shadow experienced colleagues.</p>	
Contact	Margaret-Anne Milne
Town	Grangemouth, Falkirk
Telephone	01324 419920
E-mail	falfscic@hotmail.com

Organisation	Families Need Fathers Scotland
<p>FNF Scotland provides support for parents (mainly fathers) undergoing separation and having difficulty in negotiating or retaining meaningful parenting time with their children. They run self-help support groups in four cities, publish various guides and promote changes in the justice and other systems that will support involvement of both parents.</p>	
Project	
<p>This project will offer training to fathers or other family members who have had personal experience of court in how they can go on to effectively support others in similar circumstances. Trained volunteers will help party litigants in court and provide practical and emotional support before and afterwards. Volunteer training will be practice-based and will be provided by FNFS staff, solicitors and advocates on a pro bono basis. A staff member will oversee training sessions, mentor lay assistants and provide phone support.</p>	
Contact	Ian Maxwell
Town	Edinburgh
Telephone	0131 557 2440
E-mail	ian.maxwell@fnf.org.uk

Organisation	Farr and Tongue Sports Association
Our main activities are the provision of leisure and swimming facilities at the North Coast Leisure Centre (NCLC) to the local population in Bettyhill and the surrounding area from Durness in the west to Melvich in the east. This includes both on-site and off-site activities to promote healthy lifestyles and provide preventative activities to more vulnerable people through flexibility and mobility classes.	
Project	
We will develop and improve the volunteering experience we currently provide by developing a volunteer programme to establish a diverse volunteer network. We are developing new opportunities for volunteering through our outreach programme for younger people, which involves a Junior Lifeguard and Football Academy. We need to recruit volunteers and provide training in order to realise our ambitions of delivering additional opportunities to our young people.	
Contact	Fiona Mackenzie
Town	Bettyhill, Highland
Telephone	01847 894459
E-mail	fiona_6@msn.com

Organisation	Fauldhouse Community Development Trust
The aims of Fauldhouse Community Development Trust are to address issues and concerns within the communities of Fauldhouse and the Breich Valley which relate to the social, economic, physical and environmental health, well-being and regeneration of these communities. We produce a newsletter quarterly which goes to every household, and organise fundraising events. We also provide office and meeting space and we offer design services.	
Project	
The project will work with local people to deliver a timebank project to address local issues. Individuals, families and communities can all get involved/volunteer. Participants will also be encouraged to take part in community events and sub groups including the Environmental Sub Group, the Time Bank Steering Group and the Summer Fayre.	
Contact	Julie Smith
Town	Fauldhouse, West Lothian
Telephone	01501 773699
E-mail	Julie@fauldhouse.org.uk

Organisation	Fife Employment Access Trust CIC
This is a wholly owned subsidiary of Fife Employment Access Trust, a mental health and employability charity. FEAT Trading's focus is on taking on the regeneration of Silverburn Estate in Leven, currently a council-owned estate that is being leased to them on a staged basis, starting with the woodlands. The ultimate aim is to restore the former Flax Mill to become a cafe, hostel and provider of training/office space; and improve and restore the woodland areas, including the installation of allotments and camping/glamping. They also run a variety of events in the estate to generate income and to encourage the general public back to visit the park.	

Project	
	They will pilot weekend volunteering at Silverburn Park, largely aimed at woodland management and horticulture activities within the estate's 27 acres and cottage garden, but also volunteering to plan/run small events such as scavenger hunts, mini golf, arts and crafts. Volunteer support will include a buddy system, pre-volunteering meetings on site, inductions, and one-to-one time.
Contact	Duncan Mitchell
Town	Glenrothes, Fife
Telephone	01592 759371
E-mail	duncan.mitchell@f-e-a-t.co.uk

Organisation	Fife Migrants Forum
	Fife Migrants Forum aims to counter the misperception that immigrants are a burden by demonstrating through positive actions that migrants/immigrants are actually contributing in every way to making Fife a vibrant and richer place to live. The Forum currently has over 40 volunteers speaking more than 30 languages. Some of the programmes being run at present are IT for all, language classes, credit union, money advice, immigration clinic, citizens advice clinic, and job search, which includes help with CVs and gaining further qualifications.
Project	
	They will develop Conversation Cafés to enable participants to improve their language skills and through which to recruit new volunteers. A volunteering strategy and training programme, tailored to the individual needs of volunteers and delivered jointly with Fife Voluntary Action, will be designed and delivered before regular volunteer-run outreach clinics are set up. Volunteers will receive ongoing support through monthly supervision meetings.
Contact	Joanna Zawadzka
Town	Kirkcaldy, Fife
Telephone	01592 649 748
E-mail	info@fifemigrantsforum.org.uk

Organisation	For All Bridgeton (FAB)
	FAB provides a range of community development, youth and children's activities in the Bridgeton area of the Glasgow Calton ward. Services include volunteering, after school and holiday programmes, gala events, diversionary activities, youth programme and activities for elderly residents. All services are delivered by the volunteers themselves or in partnership with other community organisations.
Project	
	We wish to bring in external support to assist us in developing a full range of volunteer policies and procedures and provide training to the management committee on this to allow us to strengthen the capacity of the management.
Contact	Robert Kennedy
Town	Glasgow
Telephone	0141 556 4275
E-mail	robert_kennedy09@hotmail.co.uk

Organisation	Forge Ahead Community Group
Forge Ahead Community Group is a volunteer led community group in Forgewood, Motherwell. We aim to coordinate a variety of leisure and development activities and services for the Forgewood community, working to improve the quality of life for local residents of all ages. All of our volunteer management committee and volunteers live locally and have an invested interest in supporting the community we all live in.	
Project	
Our group has been offered a unique opportunity to utilise the recently constructed Forgewood Community Centre. We want to empower the community through a range of activities led by local volunteers. We hope to run a new Youth Club, Parent and Toddler (Book Bug) Class, various training, Bingo and Tea Dances for the over 60s and seasonal events for the community to engage with.	
Contact	Jamie Brown
Town	Motherwell, North Lanarkshire
Telephone	01698 274365
E-mail	jamie@forgewoodcoop.org.uk

Organisation	Forth Valley Migrant Support Network
This is a grassroots organisation providing advocacy support and practical help to migrant workers, their families and people whose first language is not English, who live and work in the Falkirk area. They aim to help migrants from all backgrounds integrate into the wider community and access services and information, in particular these relating to welfare rights, housing, employability, health and education. They promote integration and inclusion of migrant workers into Scottish life through understanding people's basic needs, eg understanding a power card meter or any number of other basic needs.	
Project	
Additional volunteers will enable them to extend their opening hours and enhance the services they deliver to local communities. They will recruit volunteers through their networks, host "Open Days" throughout the year, train volunteers to work in areas where there is little or no statutory support, and train committee members on how to manage and support volunteers.	
Contact	Alan Gray
Town	Grangemouth, Falkirk
Telephone	01324 489990
E-mail	info@fvmigrantsupport.com

Organisation	Forth Valley Rape Crisis
Forth Valley Rape Crisis Centre offers survivor-centred and survivor-led support to anyone over the age of 13 living in the Forth Valley area who has experienced sexual violence at any point in their lives. They are currently establishing a bespoke centre in which survivors can access support in a safe and supportive environment. They also deliver telephone support and are developing email support for survivors who prefer to be supported in this way or cannot otherwise access face-to-face support.	
Project	
The fund will enable them to recruit and train a minimum of 15 volunteers to assist in delivering various support services and support the running and development of	

the service as a whole. They will develop a volunteer recruitment, training and support framework; deliver a three month training programme; provide one-to-one support meetings; and facilitate shadowing opportunities.	
Contact	Megan Johnson
Town	Stirling
Telephone	
E-mail	forthvalleyrccmanager@outlook.com

Organisation	Full Cirqle CIC
We seek to provide a platform for performance and the development of performing arts. We want to offer access to circus arts and support the development of members' skills, particularly emerging circus artists. The main activity of Full Cirqle CIC is the management of a warehouse unit in Portobello which includes offices, a yoga studio / meeting room, two large matted rehearsal and training spaces, and an aerial barn with rigging for trapeze, silks, Chinese Pole and other equipment.	
Project	
Full Cirqle core volunteers will receive dedicated support and development from a part-time co-ordinator who will assess their needs, match people to projects and ensure everyone is getting new skills and valuable experiences. In addition 15 new volunteers from the local community will be engaged for three strands of activity: Buildings Management, Business Administration and Events Management.	
Contact	Phyllis K Martin
Town	Edinburgh
Telephone	07525 085 843
E-mail	phyllis@fullcirqle.org.uk

Organisation	Future Aspirations (Scotland) Ltd
This organisation delivers youth work, capacity building, project development and employability services to young people and other members of the community. They develop a support and training structure for frontline youth workers and volunteers and are an accredited centre for the delivery of youth work awards and other courses. Together with their charitable partner, Southside Youth Work Support Agency, they deliver weekly groupwork and leisure activities within the south of Glasgow as well as streetwork programmes in Pollokshields and Kinning Park.	
Project	
This project will provide access to volunteering for those who are financially unable to do so and increase the involvement of local residents from different cultures. They will expand the number of volunteers that they support and provide a series of training workshops for them. They will support young volunteers through a mentoring scheme, support and supervision, and a support group.	
Contact	John Gilfillan
Town	Glasgow
Telephone	07989 984763
E-mail	john.gilfillan@futureaspirations.co.uk

Organisation	Garioch Community Kitchen
The main aims of the kitchen are to advance the health and well-being of all sectors of the community in Central Aberdeenshire by providing a safe environment for participants; delivering practical experience in food handling; providing opportunities for individuals to develop transferable workplace skills and access accredited training; promoting key healthy eating messages; and delivering outreach sessions.	
Project	
Following a successful pilot project, volunteers from the Garioch Community Kitchen will run a monthly pop-up Conversation Café which will bring people together and increase community capacity by making participants feel more confident in their own abilities. Funding will employ a staff member to supervise the volunteers.	
Contact	Sarah Bell
Town	Inverurie, Aberdeenshire
Telephone	07729 297892
E-mail	gariochcommunitykitchen@hotmail.co.uk

Organisation	Gillespie Centre Association
The main aims of this organisation are to promote charitable purposes for the benefit of the local community, in particular the advancement of education, protection of health, relief of isolation, promotion of public safety and community cohesion, and the provision of recreational and leisure facilities. Its main activities include the provision of a community café (open six days per week) and hall hire for community groups (open seven days per week).	
Project	
Most of their current volunteers have a keen interest in food and cooking but have not been presented with the opportunity of cooking together or given the autonomy to arrange events within and for the community. To enable this, they will offer professional accredited training to develop volunteers' skills, help provide a safe professional kitchen environment, and equip them to project manage community meal events. New volunteers will be mentored by their more experienced peers and Board members will be offered training on their roles and responsibilities.	
Contact	Sharon Forster
Town	Biggar, South Lanarkshire
Telephone	01899 220994
E-mail	gillespiecentre@btconnect.com

Organisation	Girvan Community Garden
Girvan Community Garden provides a community space which creates volunteering opportunities for everyone regardless of age and abilities to engage in horticultural activities and events throughout the year.	
Project	
Voluntary Action Fund funding will allow us to extend our volunteering sessions which will accommodate more local people but also volunteers will be referred from local agencies and schools. We will continue to engage the community with outdoor learning and basic horticulture.	
Contact	Audrey Riddell
Town	Girvan, South Ayrshire

Telephone	01465 712980
E-mail	secretary@girvancommunitygarden.com

Organisation	Govan and Craigton Integration Network
Our purpose is to achieve social justice in Govan and Craigton by building a strong community based on equality, mutual respect and integration. We aim to alleviate the poverty and life stress of asylum seekers, refugee and BME communities, promoting their integration into the wider community of Glasgow, as well as enabling bonds and social connections, and encouraging cross-cultural understanding.	
Project	
This project will develop and formalise our existing volunteering opportunities across the organisation's activities as well as improve our referral processes to volunteering opportunities with external organisations. It will support the recruitment of additional volunteers into two of our existing projects - Empowering Govan's Communities and our Information, Advice and Advocacy service.	
Contact	Isabel Harland
Town	Glasgow
Telephone	0141 445 3718
E-mail	isabel@gcin.org.uk

Organisation	Grampian Opportunities
Grampian Opportunities provides support to people with disabilities, people with mental health problems, sensory impairment or long term conditions. They support people as they take control of their own lives; empower people to believe in themselves; and promote fulfilment through meaningful employment (including volunteering). Their activities include promoting access to information and peer-led support, developing and delivering learning programmes, work/enterprise clubs and activities to promote life skills and employability. They run a peer-led mentoring service which provides the opportunity for people to explore issues and the chance to talk through experiences and challenges with a trained mentor, who can support them to make decisions and work towards personal goals.	
Project	
They will employ a Volunteer Coordinator to support people with additional support needs to find volunteering opportunities, especially those on the Autism spectrum. A buddy system will be explored for office bearers and committee members to enable people to grow into their volunteering roles. They will carry out a "Skills Sharing" exercise which highlights people's existing skills and matches them with others wanting to learn those skills.	
Contact	Linda Singer
Town	Inverurie
Telephone	01467 629675
E-mail	linda@grampianopportunities.org.uk

Organisation	Green Aspirations Scotland CIC
Green Aspirations' purpose is to enhance and conserve mixed native woodland for biodiversity, the local community and future generations. They deliver workshops and training to organisations, schools, communities and the public in woodland management and crafts. They have a weekly volunteer day for people to benefit from exercise while conserving the woodland and learning new skills.	
Project	
This project is in response to young people expressing an interest in getting involved in the organisation and learning new skills through volunteering. Skills include team work, self-confidence, leadership and practical skills relating to woodland management and outdoor education. Through training days and experience days they will learn how to assist with workshops and events, giving them additional work experience. Participation will give them the opportunity to improve their employability and/or applications to college and university.	
Contact	Lorna Hutchison
Town	Balfron Station, Stirlingshire
Telephone	01360 449 220
E-mail	hello@greenaspirationsscotland.co.uk

Organisation	Heart and Sound
Their main aims are to improve social skills and raise confidence of young people up to the age of 25. Their key activity is running a free community-led recording and media studio where bands can record free of charge as long as they volunteer the hours back into the projects. They operate the media/recording studio five days a week, which is delivered by volunteers aged 13-24.	
Project	
They previously piloted the creation of free promo videos (filmed and edited by volunteers, including young people with mental health issues such as anxiety and depression) for charities and community projects, which they will continue with part of this grant. Volunteers will received one-to-one support, regular training, shadowing opportunities and travel expenses. Volunteer hours will be logged with the Saltire Award as well as having an opportunity to enrol in an accredited ASDAN volunteering award.	
Contact	Stephen Chalmers
Town	Dunfermline, Fife
Telephone	07504 401875
E-mail	info@heartandsound.co.uk

Organisation	Home Start Angus
Home-Start Angus recruits and trains volunteers to visit families at home who have at least one child under five, offering informal, friendly and confidential support. Home-Start Angus supports parents as they grow in confidence, strengthen their relationships with their children and widen their links with the local community. We currently support 44 volunteers to offer a regular home visiting service to between 100 and 110 families a year across Angus.	

Project	
We are looking to work in partnership with Parent to Parent to recruit, train and support 15 additional parent befriending volunteers in Angus. We aim to target former beneficiaries of our services with the offer of a volunteering opportunity.	
Contact	Julie Thomson
Town	Arbroath, Angus
Telephone	01241 431131
E-mail	homestartangus@btconnect.com

Organisation	Home Start Deveron
Home-Start Deveron is an independent charitable organisation established in 1999 to support families with at least one child under five in the Deveron Valley area, North Aberdeenshire. Our trained volunteers visit families in their own home, helping parents through difficulties or those who are just finding parenting a struggle. We work with many families that are disadvantaged, feel isolated from the community or who do not readily engage with statutory agencies.	
Project	
The aim of this project is to progress the work of HSD in the Huntly area of Aberdeenshire. This funding would employ a development worker to promote, recruit, train and offer ongoing support to home visiting volunteers in this area. We regularly receive requests through referrals from Health and Social work, but are seldom in a position to provide a volunteer, which we hope to address with this project.	
Contact	Reena Thom
Town	Banff, Aberdeenshire
Telephone	01261 819964
E-mail	rthomhsd@outlook.com

Organisation	Home Start Edinburgh West and South West
Home Start Edinburgh West & South West is an independent charity which belongs to the Home-Start UK network and adheres to its standards. Home-Start supports families with at least one child under five who are struggling to cope. Home-based support by a volunteer runs alongside other support including PEEP groups, a group for over ones and themed events highlighting issues such as Healthy Eating, Child Safety, Storytelling/Books/Play. Families presenting extra challenges may be supported initially by a Family Support Worker before a volunteer is introduced, or the FSW may work alongside the volunteers.	
Project	
Their aim is to create a new group of "Ambassadors" who will be trained in raising awareness of issues such as healthy eating, child safety, mental health awareness and play/reading/singing with children. Recruitment will target parents with young children and other groups who find it hard to volunteer, who will develop skills and enthusiasm that can be passed onto their peers. They will be encouraged to take on training in specific skills that will also benefit them in their parenting role as well as through personal development and enhanced employability. Training will be accompanied by crèche facilities where possible.	
Contact	Margot Mackenzie

Town	Edinburgh
Telephone	0131 3472881
E-mail	senior@hsew.org.uk

Organisation	Hope 2 Oban
<p>Hope 2 Oban (H2O) aims to serve the community and young people by meeting their emotional, physical and spiritual needs through dynamic youth and community work. H2O also runs the Green Shoots garden, a space for the whole community to come together.</p>	
Project	
<p>Green Shoots service users have additional needs and referrals come from different sources. Over the next twelve months Green Shoots will be extending its services to include people with chronic health conditions and those on a low income. The Green Shoots volunteer mentors will work alongside service users and help to develop their confidence, share skills and access other community services. Over the course of the project twenty five service users will receive a package of one to one sessions delivered by volunteer mentors.</p>	
Contact	Catriona Petit
Town	Oban, Argyll and Bute
Telephone	01631 564239
E-mail	admin@hope2oban.org.uk

Organisation	Hope Garden SCIO
<p>HOPE is an organic gardening project in Arbroath, Angus. Our aims are to: provide training and work experience for people with learning disabilities living in the Angus area; improve opportunities for social, educational and recreational activities; offer the local community a reliable source of organically grown fruit and vegetables. We have a shop at the garden to sell our organic fruit and vegetables, a comprehensive range of bedding plants in season, and lots of other garden plants, bulbs and shrubs.</p>	
Project	
<p>The aim of the project is to employ a part-time development worker to develop a Volunteer Mentoring Programme at HOPE and also develop wider community links. We currently have a number of adults with learning disabilities that have more complex needs and therefore require one to one support. We are looking at developing more individual projects and community projects through this funding period. In addition to volunteer mentors we have a number of other volunteering opportunities at HOPE which we would like to develop.</p>	
Contact	Sandra Stewart
Town	Arbroath, Angus
Telephone	07725 982711
E-mail	enquiries@hopeorganicgarden.org.uk

Organisation	Hope Kitchen SCIO
<p>We provide food and support to homeless, vulnerable and marginalised people in Oban, Lorn and the Isles. This include hot drinks and food, food parcels, tents and sleeping bags for rough sleepers and laundry facilities and access to computers. We run an Outreach service delivering food to homeless accommodation centres in</p>	

Oban and to the Gypsy Traveller community. Further future planned activities include yoga, healthy eating and welfare rights advice.	
Project	
We will employ a Volunteer Co-ordinator to recruit fifteen new volunteers; ten from disadvantaged backgrounds, throughout the course of the project. This employee will train our new volunteers to work both in the kitchen and alongside our service users to offer them support. The Volunteer Coordinator will develop opportunities and deliver a training programme for volunteers which will include Food Hygiene, First Aid, Child Protection, Suicide Awareness to enable volunteers to increase their skills and personal development.	
Contact	Lorraine King
Town	Oban, Argyll and Bute
Telephone	01631 565730
E-mail	obanhopekitchen@gmail.com

Organisation	Inspired Community Enterprise Trust Ltd
ICET was established in response to national and local evidence which demonstrated very significant employability and citizenship opportunity gaps for young people with Learning Disabilities and Additional Support Needs (ASN) compared to their peers. Last year they opened a new, fully accessible community café with meeting rooms and event space with the aim of providing young people aged sixteen – twenty six (who have ASN) the opportunity to gain accredited vocational qualifications and relevant work experience that enable them to compete more equally in the local jobs market with their non-disabled peers and find employment or become self-employed.	
Project	
They have identified a need for more targeted and highly personalised developmental support for some volunteers with extra needs. To address this they will pilot and test the potential of providing volunteers with additional needs with one-to-one coaching and mentoring to increase the number of volunteers with additional needs who are able to contribute to the organisation, improve their skills and personal development and enable them to more actively contribute to achieving the aims of ICET.	
Contact	Heather Hall
Town	Dumfries
Telephone	01387 253485
E-mail	info@theusualplace.org

Organisation	Isaro Social Integration Network
We run a range of activities to respond to the integration needs of ethnic minorities and immigrants living in West Dunbartonshire and the surrounding area. Activities include an information and advice drop-in twice a week which also serves as a platform for community consultation. We offer volunteering opportunities to young people and adults mainly from ethnic minority backgrounds.	
Project	
The project aims to expand volunteering opportunities by recruiting and managing fifteen new volunteers including young people. New volunteers will mainly be	

involved in the running of our new social enterprises including a mobile creche, a catering service and a community accounting service. Volunteers will access a structured programme of training and the opportunity to participate in events.	
Contact	Rose Sehakizinka
Town	Clydebank, West Dunbartonshire
Telephone	0141 533 7070
E-mail	isarosocialnet@gmail.com

Organisation	Isle of Luing Community Trust
We seek to provide economic opportunity; social development; environmental protection, and the regeneration of the Isle of Luing. These aims have been advanced by a newly opened £1.25 million Atlantic Islands Centre (AIC), which acts as a community and visitor centre. It consists of a restaurant, two exhibitions, work spaces, nearby moorings and a flexible events space. The AIC is open all year round and is used for art exhibitions, live music, talks, cookery demonstrations, business courses and guided walks.	
Project	
The project will develop a tailored recruitment and training programme for staff and volunteers led by a part-time Training Officer.	
Contact	Laura McIntyre
Town	Oban, Argyll and Bute
Telephone	01852 314 096
E-mail	laura@atlanticislandscentre.com

Organisation	Kate's Kitchen
Kate's Kitchen aims to reduce poverty, social isolation, their causes and consequences within our community and in doing so recognise the value of every individual. We do this by offering a free hot meal within our community café 3 times a week to people in crisis, training in life skills and volunteering opportunities.	
Project	
Kates Kitchen has recently moved to our own building fit for purpose. The new building is a unique project to provide a variety of services to those in crisis. People will be able to access a free healthy hot meal 3 days per week, and access support to 'Cross Over' and take back control of their lives, becoming more resilient and building human capacity.	
Contact	Anne McLauchlan
Town	Annan, Dumfries and Galloway
Telephone	01461 206 444
E-mail	manager.kateskitchen@gmail.com

Organisation	Kilmarnock and District Can Cycle
The organisation collects and refurbishes bicycles and sells them on for a small fee to the local community. They also recycle aluminium cans and work alongside a charity who send bicycles and spare parts to Gambia, Moldova and Romania. They provide training to ensure safer cycling in East Ayrshire.	

Project	
Through the involvement of volunteers, we will build and maintain a cycle training area for children to gain confidence in riding a bike safely within the community where they live and to cope with traffic and urban environments.	
Contact	Gordon Neil
Town	Kilmarnock, East Ayrshire
Telephone	01563 258332
E-mail	jwneil@talktalk.net

Organisation	Kilmarnock Station Railway Heritage Trust
We have received funding from Scot Rail and the Railway Heritage Trust to refurbish rooms at Kilmarnock station and bring them back into community use. Our work is based around community involvement with all of the activities we run being reliant on volunteers. We have a coffee shop, second hand bookshop, gift shop and archive rooms for the Glasgow South Western Railway group. We offer volunteering and work experience opportunities to those experiencing issues with mental health, addiction and isolation.	
Project	
The proposed project will involve three volunteers gaining an SVQ accreditation, several others will become lead volunteers to mentor others and the remainder will be involved in work experience and placement opportunities. Volunteers will be given the opportunity to shape, design and implement an Active Travel Hub and a complimentary therapy suite.	
Contact	Allan Brown
Town	Kilmarnock, East Ayrshire
Telephone	01563 573966
E-mail	ab.1963@hotmail.co.uk

Organisation	Kinning Park Complex
The objectives of the Kinning Park Community Centre CIC are to advance and promote artistic activity, public participation in sport and recreation, good citizenship and community development in Kinning Park through the maintenance of a former school building. Our current regular activities include: BME Womens Group; Bike and gardening clubs; Thursday night community meal; BME Girls group; BME football group for men.	
Project	
This project aims to create a number of new volunteer roles within the Kinning Park Complex (KPC), which will increase the amount of free community activity that we host. The volunteers will be equally spread amongst three separate volunteer roles which are: Digital Ambassadors; Community Activity Assistants; Fundraising volunteers. We will train volunteers in: Social media; Project Management; Risk Management and Health & Safety.	
Contact	Martin Avila
Town	Glasgow
Telephone	0141 419 0329
E-mail	martin@kinningparkcomplex

Organisation	Lanarkshire Rape Crisis Centre
LRCC aims to relieve the distress of women and girls over the age of twelve, who have been affected by and/or experienced rape and other forms of sexual violence. We approach recovery programmes using the empowerment model, and we deliver the following free services: Help-line, Face to face, Legal advice (Solicitor), Advocacy, Support through criminal justice process, Prevention work to young people.	
Project	
Our proposed project will improve capacity by increasing the pool of volunteer support workers from ten to twenty five. This will help to ensure that support services are consistent, and the waiting list for support will be reduced, while harder to reach groups will benefit from volunteering. The organisation will benefit from having a more diverse group of individuals to share various skills, ultimately contributing to make LRCC a more inclusive organisation.	
Contact	Anne McGuire
Town	Hamilton, South Lanarkshire
Telephone	01698 527006
E-mail	anne@lanrcc.org.uk

Organisation	LEAP Sports Scotland
LEAP Sports Scotland is an organisation committed to equal access and opportunity for lesbian gay bisexual transgender and intersex (LGBTI) people in sports and outdoor activity across Scotland. We enable and encourage LGBTI people to overcome the barriers which block their access to sport, work towards the visibility and inclusion of LGBTI people in mainstream sports and to challenge discrimination on the grounds of sexual orientation and gender identity within sport.	
Project	
The LGBTI Volunteer Pathways Project will employ a Project Officer to co-ordinate and grow our work with volunteers and ensure proper recruitment, support and development. Volunteers will get involved in all aspects of the organisation's current work and there will be opportunities for volunteers to get involved in running events; social media; digital design; website management; communication; policy and research; campaign delivery; assisting with training delivery.	
Contact	Hugh Torrance
Town	Glasgow
Telephone	0141 423 4842
E-mail	hugh@leapsports.org

Organisation	LINKnet Mentoring Limited
LINKnet has been established to eliminate the inequality and disadvantage of minority ethnic people particularly in the fields of employment, education and civic engagement. They seek to foster integration and understanding between communities, to tackle disadvantage and to promote equality.	
Project	
"Volunteering and Work Experience" will recruit and work with fifteen to twenty volunteers mainly from minority ethnic communities who face multiple barriers to development. They will be inducted , trained and employed in various capacities to	

support the activities and development of LINKnet as well as for personal development benefit to the volunteers.	
Contact	R Dissanayaka
Town	Edinburgh
Telephone	0131 225 7970/ 0131 261 4463
E-mail	volunteers@linknetmentoring.com

Organisation	Make It Happen Falkirk District Forum
The Forum's aims are to promote inclusion by engaging, involving and supporting older people in such a way that they are better able to participate more fully in the community; and to represent the views and concerns of older people to decision makers and service providers both locally and nationally. They organise local meetings where they listen to people's concerns and issues, collate the information and represent their views to the Council/NHS etc. They also invite policy makers to meetings to inform them of what is happening and encourage them to engage with and involve them in consultations.	
Project	
They will involve and include more older people in the Forum as volunteers. They will be trained in how to facilitate a local meeting and feedback the issues and concerns of their community back to the committee. They will also be trained in social media, social reporting and raising awareness.	
Contact	John Giovanacci
Town	Bonnybridge, Falkirk
Telephone	01324 811686
E-mail	treasurer@makeithappenforum.org.uk

Organisation	Maryhill Integration Network
The organisation's aims are: to relieve the suffering, hardship and distress of persons who have become refugees or asylum-seekers from their country of origin, members of the ME communities, and other immigrants who live in Glasgow and to provide assistance to the families and dependants of such persons.	
Project	
MIN will employ a part-time sessional Volunteer Co-ordinator to ensure volunteers are connected to MIN groups and to support refugees to access volunteering opportunities with partner organisations. MIN will improve support for volunteering within the organisation, and regularly celebrate the achievement of volunteers, and keep track of the progress that volunteering has made to each individual.	
Contact	Remzije Sherifi
Town	Glasgow
Telephone	0141 946 9106
E-mail	rema@maryhillintegration.org.uk

Organisation	Massive Outpouring of Love (MOOL)
MOOL is a community led charity which was set up firstly as an informal activist movement in response to the Syrian refugee crisis and developed into a SCIO. They work in partnership to provide aid, information and support to refugees and asylum	

seekers both at home and abroad; assistance to local people in need, hardship and distress; education to the wider community; and participation and personal development opportunities for local volunteers	
Project	
They will recruit, train and support people from a range of disadvantaged backgrounds (including refugee and asylum seeker families being resettled in Dumfries and Galloway), as volunteers. They will develop best practice systems for volunteer support, and undertake a recruitment campaign to engage volunteers into a range of roles (including those involved in the collection, sorting and distribution of donations as aid; fundraisers; peer educators/trainers; events team; befriending and support volunteers; admin, PR and marketing volunteers; and campaigners). Volunteers will be trained, supported and accredited to build their confidence and skills and to make them feel valued.	
Contact	Laura Moodie
Town	Kirkcudbright, Dumfries and Galloway
Telephone	07748 840535
E-mail	dgrefugeeaction@gmail.com

Organisation	Mid-Lin Day Care
Mid-Lin Day Care provides day care facilities for the older people of the Dundee area. The primary outcome of our organisation is to alleviate social isolation in the older people's community, which allows older people to remain living independently for longer. Our work is heavily reliant on a team of volunteers who fulfil duties including care provision, hospitality and administration.	
Project	
A Volunteer Co-ordinator will be employed to be a single point of contact for the volunteer agencies and for new volunteers. The post-holder will co-ordinate training and establish volunteer goals to ensure that the experience of volunteering at Mid-Lin is as rewarding as possible for the volunteers. The Volunteer Co-ordinator would carry out volunteer interviews & inductions, disclosure procedures and reviews to ensure that the goals remain relevant and meaningful for the volunteers.	
Contact	Shaun Duff
Town	Dundee, Angus
Telephone	01382 506451
E-mail	treasurermidlin@yahoo.co.uk

Organisation	Midlothian Association of Play
Midlothian Association of Play (MAP) works to improve and increase children's opportunity to play, because we know how important play is for their health, wellbeing and development. It is important for their lives in the here and now as well as for their future life chances. We provide both services for children (including holiday playschemes) and for other groups working with children (including training, an annual conference and practical support.	
Project	
Our project is about undertaking volunteering development activities to establish a programme of volunteering across several areas of our work, increase volunteering levels and ensure that the programme is properly thought out, effective and mutually	

beneficial to volunteers and MAP. This will include developing policies and procedures, role descriptions and recruitment methods.”	
Contact	Susan McIntyre
Town	Dalkeith, Midlothian
Telephone	0131 663 2243
E-mail	susan@map-midlothian.org.uk

Organisation	Moray Way Association
The Association’s main aims are to promote outdoor recreation, particularly walking and cycling as sustainable and healthy activities to benefit the Moray Community and its visitors. They achieve this by maintaining, improving and promoting the Moray Way (a new ninety five mile circular long distance route), as well as running the Moray Walking Festival and other events throughout the year. They also support and promote outdoor events run by other non-profit organisations in the area.	
Project	
A Volunteer and Project Manager will be appointed to recruit volunteers and develop their programme to include more diverse and accessible events. They will also set up training, inductions, evaluation and monitoring, policies, management of volunteers’ work and support of volunteers in gaining new skills and experience. Ultimately, we wish to improve the way we work and become more sustainable by ensuring that our volunteer run organisation works more efficiently and effectively.	
Contact	Diane Smith
Town	Elgin, Moray
Telephone	01309 691661
E-mail	info@moraywalkingfestival.co.uk

Organisation	Muirhead Outreach Project Limited
Muirhead aims to support children, young people and families facing difficulties, often where children are at risk of being taken into care. Children and families are referred by statutory bodies, as well as by families themselves. We provide: supervised and supported contact between children and parents; Parents’ groups; Volunteer befriending; play clubs and a summer play scheme; short holidays for families in our static caravan and other services.	
Project	
We will increase the number of families and children we support through increased involvement of volunteers, particularly those from the communities we support and former service users. By recruiting a part time Volunteer Coordinator we will recruit more volunteers and coordinate and improve the quality of training for volunteers.	
Contact	Steve Griffin
Town	Glenrothes, Fife
Telephone	01592 358713
E-mail	steve.griffin@muirhead-outreach.org.uk

Organisation	Neilston Development Trust
Neilston Development Trust was formed by the community with the aims of regenerating the village and creating a sustainable future and enriched community life, as well as providing opportunities for employment, training and wellbeing through the delivery of services, activities and events. The services delivered, championed and supported by the Trust include a range of cultural and active travel services and projects, which are delivered from their community facility, The Bank, with meeting rooms, a Café and Bike Hub.	
Project	
This project will provide volunteering opportunities to individuals from disadvantaged backgrounds on their journey towards employability, independence and wellbeing. Activity will focus on volunteering at The Bank Café and Catering; active travel activities and services; their facilities, events and community garden project; and office and services administration (with opportunities in marketing, data entry, reception duties and finance skills). Volunteers will be mentored and monitored and receive individual support.	
Contact	Laura Carswell
Town	Neilston, East Renfrewshire
Telephone	0141 561 1201
E-mail	laura.carswell@neilstontrust.co.uk

Organisation	North Kelvin Sports Development Group
North Kelvin Sports runs a wide range of projects that offer sport alongside educational workshops for young people and adults. They offer community sports participation, coaching and volunteering opportunities, and education. The charity also operates North Kelvin United, a well-established community football club, which provides weekly football coaching and games for teams at all ages and includes one of the few girl's teams in the area.	
Project	
Their project will address the need to offer new and diverse volunteering opportunities within their organisation, including administration and fundraising. Volunteers will be offered one-to-one chats, opportunities to participate in social and consultation events, and individual plans.	
Contact	Alex McCall
Town	Maryhill, Glasgow
Telephone	0141 314 5944
E-mail	almccall@deloitte.co.uk

Organisation	Nourish Scotland
Nourish Scotland works to facilitate changes to society, government and the economy so everyone in Scotland can have access to food that's fair, healthy, affordable and sustainable. They campaign (eg on the Right to Food, where they seek to enshrine food as a basic human right into Scot's law), work to influence policy (eg on the Future of Scottish Agriculture and on Becoming a Good Food Nation), carry out consultation workshop programmes to support Scottish Government policy consultations, and run training and outreach work (eg their New Farmer Programme for new entrants into farming).	

Project	
	Their project will develop a network of volunteers across Scotland, who will be trained and supported to become more aware of how the food system operates, the challenges Scotland faces to make healthy, sustainable and affordable food available to all, and what can be done on a local level. Volunteers will also be trained on public speaking and how to operate digital equipment. A buddying system will be set up for volunteers to support each other, the online resources available to volunteers will be improved, and talks on specific topics will be developed.
Contact	Matilda Scharsach
Town	Edinburgh
Telephone	0131 226 1497
E-mail	matilda@nourishscotland.org.uk

Organisation	Nurture the Borders CIC
	They aim to ensure that all new parents in the Scottish Borders feel fully supported, included within the community and are equipped and confident to make the best choices for their babies and themselves. They achieve their aims through the provision of support and educational opportunities for expectant and new parents.
Project	
	A professional maternal support co-ordinator will recruit train and supervise a network of volunteers to provide peer support to vulnerable expectant and new mothers who have been referred to the service. They will develop an accredited training programme, match volunteers with parents, coordinate a group support rota, and provide regular supervision.
Contact	Rose Kennedy
Town	Melrose, Scottish Borders
Telephone	01835 870867
E-mail	rosie@nurturetheborders.com

Organisation	Oban Communities Trust- The Rockfield Centre
	Oban Communities Trust (OCT) was established through demand from the community to save an iconic building to create a sustainable community/cultural hub in the town centre to be known as The Rockfield Centre. In the first year of establishment the volunteer input has been vital to save the building.
Project	
	The purpose of the project is to support and develop our existing helpers to establish a "volunteer peer support structure" for each theme identified by the community during a consultation, namely: Heritage; Arts; Community Wellbeing and Enterprise/ Education. This small project allows us to set a solid base to support volunteering as the project develops.
Contact	Gordon McNab
Town	Oban, Argyll and Bute
Telephone	01631 562317
E-mail	info@obancommunitiestrust.org.uk

Organisation	Parkhead Youth Project
Parkhead Youth Project is a community led organisation which offers services designed to meet the needs of children and young people eight to twenty four years residing within Parkhead and surrounding communities. Our overarching purpose is to enhance the life chances of disadvantaged individuals by providing learning opportunities and innovative projects. We provide: Drop-in services; Clubs/Recreation activities: Street Work; Group work; One off events; Residentials and Seasonal Programmes.	
Project	
We are seeking funding for a programme that will enable us to recruit, support and develop volunteers. We will provide them with a variety of volunteering settings within our project and beyond. The remit will also include sourcing and developing training and also one to one support.	
Contact	Liz Mitchell
Town	Glasgow
Telephone	0141 550 2621
E-mail	pyp_liz@yahoo.co.uk

Organisation	Peeblesshire Youth Trust
We aim to support children aged ten to fourteen who have low self-esteem to achieve their potential through providing fully trained volunteer mentors to work with them for up to three years. We invite children to attend a five-week course "Achieve Your Potential" where we help them build their confidence through games, role play and discussion and then match the children to one of our volunteers who will meet with them monthly, helping them to build their self confidence, make better decisions and build their resilience.	
Project	
We will significantly expand the number and demographic of our mentors. We would like to recruit volunteers from all sections of our community, in particular more older people, young people and those communities in low income areas. We believe that this will give greater authenticity to our project, resulting in more positive impacts in our work with young people.	
Contact	Shona Haslam
Town	Peebles, Scottish Borders
Telephone	07957 383663
E-mail	shona@peeblesshireyouthtrust.org

Organisation	People Know How
We believe that "people know how" to identify their needs and the solutions that will help them fulfil their potential. Often, people don't realise they "know how" and that's where we come in - unlocking ideas for a better future, today. We call this social innovation. Current projects include: Social Innovation Academy - a training programme equipping people to design innovative solutions to social issues; Mobile Digital Classroom which is delivered by volunteers; Social Research Database; Consultations and others.	
Project	
We will recruit, induct, train, support and supervise fifteen volunteers to work with forty young people who have been identified by secondary schools and police as at	

risk of anti-social behaviour. With a staff member and fifteen volunteers we will consult and work "with" the young people, families/carers; statutory/third-sector stakeholders to determine the exact nature of the need, think through the design of the project, and test it with young people and stakeholders.

Contact	Glenn Liddall
Town	Edinburgh
Telephone	07714 586 971
E-mail	glenn.liddall@peopleknowhow.org

Organisation	Play Pieces Arts Ltd
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Play Pieces Arts commissions, presents and tours new work in and from the Highlands to make theatre more accessible, nurture the talent of emerging and established artists and reach new audiences. Our work benefits actors and directors through development workshops and new commissions, people living in rural communities through access to new and exciting theatre and local promoters, including volunteers, through support and mentoring to put on cultural events.

Project	
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The 2016–2017 Play Pieces programme of Lunchtime Theatre and The Wee Theatre Festival will shift from informal volunteer support to a formal programme through an expansion of the Artistic Director's role to include dedicated time for volunteer support, development and recruitment. An existing group of around a dozen volunteers will be expanded with the addition of Event Management, Event Liaison and Technical strands. Event Liaison volunteering will recruit five young creatives who are looking for project and event management experience and four volunteers looking for event hosting experience. Event Management volunteering will recruit six volunteers be delivered within The Wee Theatre Festival, where site-specific pieces are created and performed for six sites taking part in Doors Open Day. Technical volunteering will recruit five young people who want to become sound, lighting or stage technicians.

Contact	Lindsay Brown
Town	Inverness
Telephone	01463 831625
E-mail	director@playpieces.co.uk

Organisation	PLUS Perth and Kinross
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PLUS Perth and Kinross aims to improve the lives of people living in Perth & Kinross who have experienced mental distress, while promoting better public attitudes towards mental health and wellbeing. Their main activities are providing a voice for their members at planning meetings, bringing new ideas and innovation to services and the wider community, providing reliable mental health information to the public via their newsletter, organising campaigns and novel ways of getting mental health messages over to the public, challenging stigma and providing training to professionals such as medical students and nurses.

Project	
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The project will use environmental improvement and the creation of a local community greenspace as a vehicle to attract people experiencing disadvantage (particularly people with mental health issues, experiencing substance misuse issues and homeless or at risk of homelessness) to volunteering. Much of the

healing, learning and personal development will come via the relationships and guidance shared between the volunteers, but the more informative training such as horticulture or community regeneration work will be decided by the volunteers with opportunities to link into workshops on various subjects via PLUS networks.	
Contact	Susan Scott
Town	Perth
Telephone	01738 626242
E-mail	plusperth@msn.com

Organisation	POWER Station - Whitecross
This organisation manages, maintains and develops the Power Station community centre, with the aim of improving the quality of life for the residents of Whitecross. They are working with partners to create a community garden area, develop walks around the district and establish a community café.	
Project	
They will recruit and support local people as volunteers to organise buggy walks and led walks around the countryside for young mums and adults (particularly those with a limiting long term illness) and widen their engagement and involvement by producing a regular community newsletter. Training for volunteers will include sessions on writing, producing and distributing community newsletters, producing press releases, administering and making best use of Facebook pages. Gardening volunteers will be trained in the basic skills of horticulture and outdoor health and safety. Volunteers will be supported through regular monitoring and coaching.	
Contact	Mandy Lang
Town	Whitecross, West Lothian
Telephone	01506 845049
E-mail	thepowerstation@btinternet.com

Organisation	Pride Glasgow
Pride provides a safe space for the community to come together to celebrate, campaign and to engage with organisations. We help reduce social isolation faced by Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTI) people, provide a platform for raising awareness of issues that the community still faces through our annual parade and rally.	
Project	
The aim of the project is to offer participants regular activities, training and skills development to encourage volunteering and active citizenship within the LGBTI community by creating Pride Ambassadors. We will create a volunteer force that supports and provides information to the wider LGBTI community throughout the year and during the festival. We aim to equip volunteers with an up-to-date knowledge of service provision for the LGBTI population in Glasgow.	
Contact	Ross Stevenson
Town	Glasgow
Telephone	0844 664 5428
E-mail	ross@pride.scot

Organisation	Progrez
Progrez provides recreational, educational and training opportunities to both young and older people from communities of multiple deprivation and to individuals within those communities who are socially excluded. They are developing a community enterprise, which will manage a local café bar and function suite in the north of Glasgow to provide a high quality, affordable space for local groups and individuals to host events whilst also providing a working space for people to develop vocational skills in the hospitality industry.	
Project	
They will devise a Volunteering Development Framework, recruit and induct volunteers and provide volunteer training to equip them to provide a first class service within the facility and continue their personal development. Volunteers will be supported through development plans and team meetings.	
Contact	Carroll Kelly
Town	Cumbernauld, North Lanarkshire
Telephone	01236 731877
E-mail	carroll.kelly@progrez.org.uk

Organisation	Rape and Sexual Abuse Service Highland (RASASH)
We are involved in the delivery of the Rape Crisis national 'Preventing Sexual Violence' early intervention program to young people and plan to run a number of campaigns in local communities to challenge attitudes towards sexual violence. We work with others to improve the way society, organisations and agencies respond to survivors of sexual violence. This can include providing training and professional advice to businesses, organisations and other agencies.	
Project	
'Stand Up! RASASH' aims to empower young volunteers, aged between 13-25, to challenge sexual violence, the problematic attitudes towards it and the social inequalities at its roots. The 'Stand Up!' young ambassadors' programme will train young volunteers from three areas of multiple deprivation to participate in RASASH's prevention and campaigning work; the community fundraising initiative will work alongside young people to inspire community action, fundraising and awareness around these issues while helping us - their local support service.	
Contact	Melody McIndoe
Town	Inverness, Highland
Telephone	07717132035
E-mail	melody@rasash.org.uk

Organisation	Ray's Opportunities SCIO
Ray's Opportunities provides innovative support services for people who have physical, hidden or learning disabilities. Their charitable aims are the relief of those in need by reason of disability, the provision of recreational activities with the object of improving the condition of life for those in need by reason of disability, and the advancement of education. During the past year they have been laying the foundations for the establishment of a series of user focused, on-the-job, training	

and work experience opportunities for people who have a physical, hidden or learning disability in Moray.

Project	
Their Community Café enterprise, will offer local volunteers who are experiencing disadvantage the opportunity to increase their vocational and social skills and confidence through on-the-job training and work experience. They will create a Volunteer Induction Pack and work one-to-one with volunteers (and their families/carers) to create Personal Development Plans that will help volunteers towards employment and which will be followed up with regular interviews.	
Contact	Gill Bird
Town	Forres, Moray
Telephone	01309 672236
E-mail	volunteers@raysopportunities.com

Organisation	Realize Your Potential CIC
During the last two years this organisation has been developing and piloting its RYP QUEST programme for young carers in partnership with Carers Trust Scotland and Carers Centres across Scotland. Through it they provide a range of activities and discussions that aim to increase confidence, self-esteem and understanding and recognition of their own and others' unique skills, talents and qualities. On completion of the full programme participants receive an SQA in Employability.	
Project	
As an organisation that's new to involving volunteers, they will lay strong foundations and systems in order to support volunteers in the best possible way. They will establish processes for recruiting, training and managing young volunteers; including creating clear volunteer role descriptions, providing accreditation, offering supervision and support, establishing policies and procedures, and carrying out PVG Disclosures.	
Contact	Elaine Fitzpatrick
Town	Dumfries
Telephone	01387 740021
E-mail	Elaine@realizeyourpotential.co.uk

Organisation	Refugee Survival Trust
RST's vision is that all refugees and people seeking asylum in Scotland should receive just and respectful treatment and support appropriate to their needs. Its core work is providing emergency or short-term financial assistance as part of a wider package of support to refugees and people seeking asylum and their families who are destitute or face destitution. Grants are provided through partner agencies that deliver direct services in order to alleviate destitution or enhance employment and integration prospects, e.g. by paying for essential study materials, equivalence certificates for existing qualifications, or travel to classes or volunteer placements.	
Project	
They will recruit volunteers with experience of the asylum process and restart their popular Talks Ambassadors' Programme (volunteer-led workshops addressing refugee and asylum issues) whilst increasing the support and development opportunities they provide to volunteers (e.g. training, support and information	

packs). They will also facilitate opportunities for volunteers to meet, share experiences and develop social connections.	
Contact	Diana Rix
Town	Edinburgh
Telephone	0141 353 5602
E-mail	Coordinator@rst.org.uk

Organisation	Relationships Scotland Couple Counselling, Central Scotland
This is an autonomous branch of Relationships Scotland, serving the Forth Valley area. Relationships Scotland works to promote health, respect and equality in all relationships by offering confidential and specialised relationship and individual counselling. Their activities include relationship counselling, sexual addiction therapy, relationship support for veterans and specific funded work, e.g. crisis support and violence against women.	
Project	
They will promote new volunteering opportunities within the three local authority areas of Forth Valley and provide more dedicated volunteer support. They will develop volunteering policies and procedures, induction packs and training along with one-to-one support as required. Volunteer counsellors and psychosexual therapists will also receive clinical supervision and group supervision.	
Contact	May Chamberlain
Town	Falkirk
Telephone	01324 670067
E-mail	may@relationships-scotlandcccs.org.uk

Organisation	Remake Scotland
Remake Scotland aims to raise awareness of the need to reduce carbon emissions and the value of waste management as a means to improving the environment. They promote recycling and deliver a range of recycling workshops in their base in Crieff. They collect business and domestic waste material particular textile and furniture and up-cycle them into re-saleable objects.	
Project	
They will deliver an education programme aimed at young people in 10 rural locations across Perthshire, introducing the concept of recycling and providing the skills it requires. The workshops will be delivered on an outreach basis by current volunteers and used as a means of recruiting new ones to continue the delivery in their local location. New volunteers will be trained and supported through weekly contact to deliver the workshops in their own communities.	
Contact	Fiona Gilbert
Town	Crieff, Perth and Kinross
Telephone	01764 655733
E-mail	fiona@remakescotland.co.uk

Organisation	Renfrewshire Effort to Empower Minorities
REEM promotes economic and social inclusion amongst immigrant communities within the Renfrewshire area, especially those for whom the UK environment may be very foreign, either in terms of language, culture or lifestyle. They also work with the wider community to break down perceived barriers to build better mutual understanding and respect.	
Project	
They will recruit volunteers for their befriending scheme, which supports ethnic minorities new to the UK community who are socially isolated or at risk of social isolation. Volunteers will receive an induction, training and mentoring.	
Contact	Jimmy Muyanja
Town	Paisley, Renfrewshire
Telephone	0141 237 1595
E-mail	jjay50@hotmail.co.uk

Organisation	Rosewell Development Trust Ltd
Rosewell Development Trust was set up in 2010 to address the lack of fit for purpose community facilities in this area. Since then, we have delivered lots of community engagement projects and involved lots of volunteers within our projects. We have delivered an employment support programme as well as annual community events for the wider community.	
Project	
Our 'Volunteer and Grow!' Project will focus on recruiting 17 volunteers to support our community engagement groups as well as developing a 'Rosewell Growing' group which will be an exciting gardening group involving lots of inter-generational working. During this period of funding we are also going to develop a new volunteer handbook which will be used as a recruitment and support tool.	
Contact	Fiona Inglis
Town	Edinburgh
Telephone	0131 629 9398
E-mail	fiona@rdtrosewell.org.uk

Organisation	Scottish Rural Action
SRA has been established as an independent organisation to deliver the Scottish Rural Parliament and build the foundations for a longer term rural movement. They hold the three day Rural Parliament every two years, bringing together 400+ people, including decision makers to participate in workshops, listen to keynote speakers and meet exhibitors.	
Project	
We will establish a new volunteering programme to train and support a team of volunteers to be facilitators and reporters at the Rural Parliament and ambassadors thereafter. They will create a volunteering policy, child protection and vulnerable adult policies; and a volunteering strategy. Staff and directors will be trained in supporting volunteers.	
Contact	Emma Cooper
Town	Rothesay, Argyll & Bute
Telephone	01700 500177
E-mail	emma@scottishruralparliament.org.uk

Organisation	SensationALL
Aberdeenshire based charity, SensationALL, provides multi-sensory experiences for children and adults with disabilities and multiple support needs (MSN) and to their families. The charity also provides training and consultation to families, carers, professionals and other organisations.	
Project	
As a small independent charity we rely heavily on volunteer support to be able to run our services. We will employ a member of staff to provide our volunteers with a fulfilling experience, adequate training and encourage a diverse range of individuals to volunteer, ensuring volunteers feel confident in supporting our families.	
Contact	Susan Kay
Town	Dun Echt, Aberdeenshire
Telephone	01224 746699
E-mail	susankay@SensationALL.org.uk

Organisation	SHAX
We provide practical help to individuals and families who are facing hardship brought about by homelessness. We provide emergency starter packs to allow clients to move into their new tenancy immediately. Our "Homemaker" delayed payment scheme allows clients to buy essential low cost items and pay these back in an agreed timescale. We also run a busy furniture reuse warehouse offering low cost goods to the public. Any profit from the warehouse goes directly towards our running costs.	
Project	
We will enhance our current volunteering project by employing a Volunteer Coordinator to recruit and support at least 20 new volunteers. We will provide more individual support to volunteers who have additional needs; develop individual training resources on specialist volunteer roles (e.g. furniture renovation); and work with new partners (e.g. secondary schools) to promote our volunteering opportunities. We will make more positive connections with partners to promote our volunteering opportunities to a wider range of people.	
Contact	Joyce Harkness
Town	Dumfries, Dumfries & Galloway
Telephone	01387 245358
E-mail	joyce.harkness@shax.org.uk; Jessica.mcmillan@shax.org.uk

Organisation	SKapade Inspirational Development Solution CIC
SKapade Inspirational Development Solution CIC provides workshops, seminars and tutorials for our beneficiaries. Our music studio in Dumbarton is an accessible community hub, with various community and music events regularly taking place there. We work in partnership with local enterprise, agencies, schools, colleges, councils and charities to encourage people to obtain new skills and work experience, sample the music industry, grow confidence and have fun.	
Project	
We wish to expand our volunteers and offer them the chance to design and deliver new workshops. Volunteers would be responsible for the initial ideas, the creation of Powerpoint presentations, the design and creation of course materials and	

workshop delivery. We also wish to create a team of volunteers to run an exciting events programme including open days, gigs, club nights and networking events.	
Contact	Stephen Kirkwood
Town	Dumbarton, West Dunbartonshire
Telephone	07821049324
E-mail	djstephenkirkwood@gmail.com

Organisation	South Kintyre Development Trust
SKDT's strategic priorities include: Improving Strategic Community Amenities; the refurbishment of Campbeltown Town Hall; managing community spaces; maximising community benefit from Renewables; supporting business needs, including broadband improvements, marina access and strategic community and tourism partnerships.	
Project	
This grant will enable us to support volunteers taking part in various projects. We have an action plan for an undeveloped outdoor space for the community to use and learn about healthy eating and living (Stalled Spaces Project). The plan will provide opportunities for volunteers to learn new skills. Other projects involving volunteers are the re-opening of the local putting green, a Doors Open Day Event and the construction of a shed for volunteers which will be a hub for intergenerational activities.	
Contact	Zena Coffield
Town	Campbeltown, Argyll
Telephone	01586 552870
E-mail	zena@skdt.org

Organisation	South West Aberdeenshire Citizens Advice Bureau
This CAB promotes wellbeing and relieves financial hardship by providing free, confidential, impartial, locally relevant, quality assured and independent advice/information on any topic, including benefits, employment issues, personal debt, fuel/utility problems, consumer rights, bereavement, homelessness, housing, pensions, tax and relationship issues.	
Project	
This project will help them meet increasing client demand for their services by recruiting, training and supporting additional volunteers. This will include daily team briefings, support during initial client meetings, monitoring the quality of advice given and the identification of further training needs to inform the training plan.	
Contact	Eveline Crossan
Town	Westhill, Aberdeenshire
Telephone	012224 747714
E-mail	Manager@westhillcab.casonline.org.uk

Organisation	STRIDE
STRIDE is a registered charity that aims to relieve poverty and alleviate suffering among ethnic minority people in Scotland and the wider UK. They run awareness session and organise events, workshops and seminars targeting voluntary and	

statutory organisations that work with Africans. This is to help organisations to understand a range of support needs for African people. They also recruit volunteers from the main Scottish population to help them learn more about the needs of African people.

Project	
They will recruit additional volunteers from the African community to help mobilise their peers to engage in weekly outdoor activities that will help them improve their health, social skills and integration. The volunteers will receive training, a PVG check, a tour of local outdoor facilities, the support of volunteer role models and opportunities to participate in work placements and shadowing programmes with other local sports groups.	
Contact	Benard Kumwenda
Town	Forfar, Angus
Telephone	01307 640009
E-mail	strideuk2013@gmail.com

Organisation	Tayberry Enterprise Limited
Tayberry Enterprise Ltd is an emerging Social Firm based in Dundee. Our social aim is to offer volunteering, training and employment opportunities through innovative projects including creative arts and catering services. These services are for individuals who are unlikely to find work in the open market due to chronic health conditions e.g. mental health, learning disabilities and/or lack of opportunity due to social deprivation/education.	
Project	
Tayberry Enterprise proposes to use an asset based approach by developing volunteering pathways into the wider community. The Volunteer Manager will support 15 volunteers to progress onto additional vocational routes which will be underpinned by use of Star Outcome Measuring tool - this will identify individual goals and progression pathways.	
Contact	Nicola Shirkey
Town	Dundee
Telephone	07803052591
E-mail	nshirkey@tayberryenterprise.org

Organisation	The Charles Rennie Mackintosh Society
The Society's aim is to support the conservation, preservation, maintenance and improvement of buildings and artefacts by Charles Rennie Mackintosh and his contemporaries. They advance public education in the works of CRM by means of exhibitions, lectures and productions of an educational nature; and maintain and develop the charity's building, 'Mackintosh Queen's Cross', in an area of major social deprivation.	
Project	
This project will help professionalise their volunteering commitment in a more structured way. Individuals within the community will have access to a structured process of an initial meeting, matching their needs to voluntary roles within the organisation, a training needs analysis, induction and follow-up training via their	

individual plan. As well as supporting and mentoring volunteers, they will also develop a volunteering strategy.	
Contact	Dylan Paterson
Town	Glasgow
Telephone	0141 946 6600
E-mail	dylan@crmsociety.com

Organisation	The DASH Club
The DASH Club provides afterschool and holiday activities for young people with disabilities and complex needs so they get the opportunity to socialise and improve their mental and physical health through sport, art, games, social outings, trips and residential in a safe environment.	
Project	
The project will develop an infrastructure for our charity to manage and benefit from volunteering support and provide volunteers with meaningful opportunities to grow as professionals and use their existing skills to support our charity in various ways, mostly by taking an active part in fundraising.	
Contact	Eva Kourova
Town	Glasgow
Telephone	0141 336 8852
E-mail	office@dashclubglasgow.org.uk

Organisation	The Furniture Project (Stranraer) Ltd
The Furniture Project collects and reuses household, garden and office furniture and electrical appliances throughout Wigtownshire. Other services include a removal, house clearance, grounds maintenance and decorating service.	
Project	
These services provide the opportunity for people, particularly young people and people who are disadvantaged or marginalised within our community, to participate and engage in a community activity at a Social Enterprise. They will learn new skills and share skills while improving their self-confidence, decision-making and self-esteem through teamwork, hard work and some good team fun.	
Contact	Paul Smith
Town	Stranraer, Dumfries and Galloway
Telephone	01776 707375
E-mail	paulsmith@furnitureproject.org.uk

Organisation	The Gate Charity
The Gate Charity's aim is to support the most vulnerable in Clackmannanshire and develop projects and services in response to the needs of their community. They provide a safe and welcoming environment that is open to all, particularly the vulnerable, marginalised and homeless. Their current projects include a Soup Pot, Foodbank, Home Starter Packs, Recycled Clothing Bank, Community Café, Gardening Project, Book Group and monthly Welfare Clinic. They also provide ad hoc projects throughout the year such as a School Uniform Recycling Project, based on their community's needs.	

Project	
They will recruit volunteers to help expand their services in line with growing demand and to provide opportunities for vulnerable adults to benefit from volunteering. Volunteers will attend an induction and project training as well as training in first aid awareness, food and hygiene, nutrition, and the safe operation of garden tools. They will be buddied by a peer until they feel confident working independently. Training records will be used to record, evaluate and review their training needs and achievements.	
Contact	Marie Brownhill
Town	Alloa, Clackmannanshire
Telephone	01259 218766
E-mail	marie@the-gate-charity.org

Organisation	The Govan Heritage Trust
The Govan Heritage Trust is a community driven heritage operation formed in January 2015 to protect and preserve the remarkable A-listed building of Govan Old Church and promote the outstanding archaeological collection held within it known as the Govan Stones. In July 2016 Govan Heritage Trust will officially take over the ownership of the building and inherit the full responsibility for maintaining this historic site.	
Project	
Our volunteer team would be supported to help develop a programme of regular drop-in activities for young people during the school holidays and weekends. This would be supplemented by larger activity days supported by the volunteer team. Working closely with two youth engagement groups in Govan would allow us to reach teenagers, especially those excluded from existing opportunities. We would also develop the skills of our volunteers to plan and implement a rolling programme of monthly activities for the older community of Govan.	
Contact	Frazer Capie
Town	Glasgow
Telephone	07835980566
E-mail	info@thegovanstones.org.uk

Organisation	The Green Team (Edinburgh & Lothians) Ltd
The Green Team was established to provide opportunities for young people in Edinburgh and the Lothians to improve local green spaces through environmental volunteering projects. We run a series of volunteering programmes involving practical conservation work to support learning about the natural environment. Other outcomes include physical activity, team work and the development of practical and social skills.	
Project	
Green Minds will improve the way we recruit and support volunteers who are experiencing poor mental health. The project will provide environmental volunteering opportunities to young people through regular programmes of activities and we will also train adult volunteers as project leaders to enable them to help deliver environmental volunteering programmes to young people.	
Contact	Penny Radway

Town	Edinburgh
Telephone	0131 337 7227
E-mail	penny@greenteam.org.uk

Organisation	The Learning Tree Partnership (SCIO)
The organisation's purpose is the advancement of education for people with learning disabilities through; the provision of learning courses, the operation of a retail outlet providing work skills training, the provision of support and guidance towards employment, self employment and social enterprise development.	
Project	
A development worker will recruit volunteers with learning disabilities who will undertake learning and training in customer service whilst volunteering. The worker will develop processes for recruiting and supporting volunteers and training people in their roles. Volunteers from the wider community will also be recruited, to support people with a learning disability in the retail outlet and with written and oral communication skills.	
Contact	Morag McKenzie
Town	Arbroath, Angus
Telephone	01241 876380
E-mail	info@thelearningtree.org.uk

Organisation	The Newbold Trust
The Newbold Trust is a wellbeing and sustainable living centre providing retreats, educational courses and community living experiences. These opportunities enable people to rest and rejuvenate after a period of stress or ill health, rediscover a sense of meaning and purpose in their life, learn practical ways to enhance personal wellbeing, and also learn skills to improve the health and resilience of their local community and natural environment.	
Project	
This project will expand the Trust's capacity to host residentials and local volunteers, as well as implement new ideas arising from volunteer feedback, e.g. a fortnightly volunteer newsletter. They will recruit more volunteers for harvesting and processing days, regular kitchen support, and to assist with special community outreach events (e.g. open mornings and for their first ever Permaculture Summer Festival). Volunteers will be mentored by a staff member on their specific learning journeys and the organisation will reach out to local people with the opportunity of becoming a mentor to a residential volunteer.	
Contact	Deborah Benham
Town	Forres, Moray
Telephone	01309 672659
E-mail	Deborah@newboldhouse.org

Organisation	The Tinderbox Project
Tinderbox aims to advance education through providing workshops, rehearsals and performance opportunities for young people in music and the arts; through providing young people with opportunities for personal development and achievement; and through supporting young people's development of a range of life skills including	

group working, leadership and decision-making. They provide youth orchestras, workshops, festivals and apprenticeship schemes for young people mainly in the Muirhouse area of Edinburgh.

Project	
The Tinderbox Champions project will involve more volunteers in their different programmes, formalising volunteer structures and roles. Volunteers will be invited to workshops (e.g. on personal and professional development, team building, life skills and leadership) and offered hands-on work experience supporting various programmes and events.	
Contact	J Harry Whalley
Town	Edinburgh
Telephone	07801 883343
E-mail	harry@tinderboxproject.co.uk

Organisation	Theatre Nemo
Our organisation aims to promote good mental health and wellbeing to break down stigma and isolation. We believe that participation in the arts, and the performing arts in particular (music, dance, drama, puppetry, film & video etc) enriches the mental wellbeing of everyone who takes part, whatever the current state of their mental health.	
Project	
Through involving volunteers, we will extend our current work delivering arts orientated groups for people experiencing mental health difficulties. This has been shown to have therapeutic value for participants, develop their confidence and enhance their life skills.	
Contact	Archie Dickson
Town	Glasgow
Telephone	0141 559 4941
E-mail	archie@theatrenemo.org
Organisation	Town Break SCIO
Town Break aims to provide person-centred support, information and opportunities for people with dementia and their carers to improve their quality of life. Their main activities include Day Clubs at Stirling Community Hospital, a rural Day Club in Callander, a Befriending Service, a Friendship Group, and a weekly Coffee Club. They also deliver a cognitive stimulation therapy programme each week for six groups each year.	
Project	
This project will develop volunteering by introducing an intergenerational aspect to their service provision: extending their current befriending service to include short-term befriending by young volunteers. Training will be delivered in-house and new training materials will be written and cascaded to all volunteers. They will update their volunteer manual, provide regular volunteer meetings, offer buddying, provide monthly support meetings and celebrate National Volunteers' week with a special thank-you lunch.	
Contact	Gail Barton
Town	Stirling
Telephone	01786 476798
E-mail	gail@townbreakstirling.org

Organisation	Tranent Youth and Community Facility
Recharge works with young people aged 11-26 in the Fa Side area of East Lothian with a particular focus on the 12-18 year old age group. We work with young people to raise their confidence and esteem, build up their skills and broaden their horizons, whilst supporting young people through issues they are faced with.	
Project	
Recharge has been funded to support young people to access volunteering opportunities both within Recharge, through helping to organise our activities, and within the wider community, through helping to organise community events.	
Contact	Alan Bell
Town	Tranent, East Lothian
Telephone	01875 615 415
E-mail	alan@rechargenow.co.uk

Organisation	Tweeddale Youth Action
Tweeddale Youth Action exists as a youth led organisation to provide a safe space and alternative to street corners. Through providing free opportunities for all we support young people to access advice, develop skills, confidence, a sense of belonging and responsibility within the community. Our mission is to support young people on their journey from childhood to adulthood and we work with young people between the ages of 10-25.	
Project	
We want to develop volunteering opportunities for young and old through our youth projects, and support travel costs to enable volunteers from isolated villages to take part. Opportunities for volunteering include: building a textiles up-cycling workshop in our Peebles youth project's outside space, recruiting volunteers to develop our textile up-cycling hub and create new clothes, creating a volunteer team to run our bike repair workshop in Innerleithen and developing a filming team to capture all the work that Tweeddale Youth Action has been involved in.	
Contact	David Hodson
Town	Peebles, Scottish Borders
Telephone	01721 724779
E-mail	daveh@tweeddaleyouth.co.uk

Organisation	Volunteer Centre Western Isles
Our aim is to actively encourage, support and promote volunteering and deliver a community where everyone volunteers. We work with local agencies, organisations and individuals to promote volunteering in the local area. We work in partnership with key local agencies and statutory bodies to ensure the value and impact of volunteering is measured and recognised in local and national policy development.	
Project	
This project will allow work to take place across secondary schools in the Western Isles to develop 5 Youth Ambassador roles on different islands. We will support the Youth Ambassadors to develop peer-led youth volunteering within their areas, with a minimum of 40 youth volunteers engaging with new volunteering opportunities within the funding period.	

Contact	Suzanne Macaulay
Town	Isle of Lewis, Western Isles
Telephone	01851 700366
E-mail	suzanne@volunteeringwesternisles.co.uk

Organisation	West Lothian Financial Inclusion Network (SCIO)
WLFIN's aim is to ensure that all West Lothian residents are aware of their financial choices and to promote access to financial advice, products and services in order to reduce the risk of poverty. They currently deliver Community Advice (on welfare and benefits), an Energy Advice project (home energy audits and advice), Women into Work (employability for transitioning mums) and Financial Literacy classes (budgeting workshops and debt management).	
Project	
They will provide dedicated employability, welfare and benefit advice to ex-carers, identifying local self-help groups in need of their volunteer delivered services. New volunteers will be interviewed and inducted and offered buddying support. There will be monthly meetings and a new training schedule will be implemented.	
Contact	Carol Henry
Town	Bathgate, West Lothian
Telephone	01506 657335
E-mail	carol@wlfm.org.uk

Organisation	Whiteinch Transformation
Whiteinch Transformation is a locally based charity in Whiteinch (Glasgow) with a mandate to tackle poverty in all its guises, seeing transformation in the local area and beyond.	
Project	
Healing for the Heart is a project based in Whiteinch which offers counselling and spiritual healing, with a specialism in working with trauma survivors. We are a social enterprise, using donations from clients who can pay in order to provide a low cost or free service to those who can't.	
Contact	Shona Stirling
Town	Glasgow
Telephone	0141 959 9317
E-mail	shona@whiteinchchurch.org

Organisation	YoMo Young Movers
YoMo aims to enable young people aged between 12-25 to build their skills, knowledge and confidence through active citizenship, volunteering and accredited lifelong learning activities. This includes developing and delivering a YouthBank across the north east of Glasgow and we also support young people to become more involved in decision-making and regeneration activities.	
Project	
We will engage young people in volunteering within their local communities. The volunteering opportunities will offer young people new experiences, and support their social and personal development. YoMo will actively recruit young people	

experiencing disadvantage and support them to sustain their volunteering role to achieve qualifications, skills development and build confidence.	
Contact	Linda McGlynn
Town	Glasgow
Telephone	01683 222 769
E-mail	linda@yomo-online.co.uk

Organisation	YouthBorders
YouthBorders is the network of third sector youth organisations in the Scottish Borders and an associate partner of Youth Scotland. Their membership includes youth clubs, youth cafes, information projects, specialist projects, mentoring and befriending projects, after school clubs and church groups. They facilitate the work of members through training, insurance, Protection of Vulnerable Groups, cross-Borders projects, strategic representation and providing networking opportunities for members, staff and young people to share ideas and best practice.	
Project	
They will provide help in governance and volunteer support to their smaller, voluntary-led members and to new groups wanting to set up under the YouthBorders umbrella. They will work with specialist network members to identify volunteering opportunities, support new members with their volunteering needs, identify and organise training, support the creation of a YouthBorders' Youth Forum , provide policy templates for members - along with a good governance guide and induction handbooks, and support new volunteers with personal development needs	
Contact	Clare De Bolle
Town	Galashiels, Scottish Borders
Telephone	01896 755110
E-mail	Clare@youthborders.org.uk

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